

Rebecca's
TOP10
ADHD
BOOKS
FOR
ADULTS

Done	Title	Author	Rating
☐	Driven to Distraction	Edward M. Hallowell & John J. Ratey	☆☆☆☆☆
☐	You, Me and ADHD	Gina Pera	☆☆☆☆☆
☐	The ADHD Effect on Marriage	Melissa Orlov	☆☆☆☆☆
☐	ADHD 2.0	Edward M. Hallowell & John J. Ratey	☆☆☆☆☆
☐	Taking Charge of Adult ADHD	Russell A. Barkley	☆☆☆☆☆
☐	The Disorganized Mind	Nancy A. Ratey	☆☆☆☆☆
☐	Dirty Laundry	Richard Pink & Roxanne Emery	☆☆☆☆☆
☐	Unmasking Adult ADHD	Devon Price	☆☆☆☆☆
☐	ADHD & Us	Anita Robertson	☆☆☆☆☆
☐	How to Thrive with Adult ADHD	James Kustow	☆☆☆☆☆

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