Rebecca's

TOP 10 ADHD BOOKS FOR COUPLES

Done	Title	Author	Rating
☐	The ADHD Effect on Marriage	Melissa Orlov	☆☆☆☆☆
☐	The Couple's Guide to Thriving with ADHD	Melissa Orlov & Nancie Kohlenberger	☆☆☆☆☆
☐	ADHD & Us	Anita Robertson	☆☆☆☆☆
☐	ADHD After Dark: Better Sex Life, Better Relationship	Ari Tuckman	☆☆☆☆☆
☐	Is It You, Me, or Adult A.D.D.?	Gina Pera	☆☆☆☆☆
☐	Dirty Laundry	Richard Pink & Roxanne Emery	☆☆☆☆☆
☐	Fight Right	Julie Schwartz Gottman & John Gottman	☆☆☆☆☆
☐	Hold Me Tight	Sue Johnson	☆☆☆☆☆
☐	Fair Play	Eve Rodsky	☆☆☆☆☆
☐	The Seven Principles for Making Marriage Work	John Gottman & Nan Silver	☆☆☆☆☆

NOTES